



U16 League Rules

Keystone Youth Soccer Club | Twin Lakes Park, Keystone Heights

PLAYERS

11v11 with a goalkeeper

BALL

Size 5

GAME

Two 35-minute halves

FIFA rules apply

FIFA rules apply except for the following.

Number of players

10 field players and 1 goalie (unless only 10 players are available; no team will play a man up) at any time for U16, unless there is a red card. There is a goalkeeper in 11v11 soccer. Substitutes may occur at any dead ball situation, but players must get the referee's attention and enter at the halfway mark, but may exit at the line nearest the player. This is the referee's decision. Every player must play 50% of the match.

Uniforms & equipment

All players must wear jerseys/shirts during play. All players must wear shin guards. Any player without shin guards will not be allowed to play. Socks must cover shin guards. Teams are responsible for providing game balls. Ball size: U16 = size 5.

Game length

35-minute halves with a 5-minute halftime: a 70-minute game. The referee may add time for injuries, red cards, etc. There is a 2-minute water break each half at the referee's decision.

Goal kicks

From the goal box area.

Goal scoring

Goals can be scored from anywhere on the field of play.

Standings

3 points for a win, 1 point for a tie and 0 points for a loss.

Heading

Heading is allowed.

Ten-yard rule

In all dead ball situations, defending players must stand at least ten yards away from the ball.

Direct kicks

As per FIFA rules, corner kicks, goal kicks and kick-offs are direct kicks, so a goal may be scored. Direct free kicks are awarded per FIFA rules and the ball may go directly into the goal without touching another player.

Throw-ins

Throw-ins from the sideline per FIFA rules.

Kick-off

May be taken in any direction. There is a 10-yard circle rule.

Sportsmanship

Players, coaches and spectators are expected to show good sportsmanship at all times. Abuse of the referees will not be tolerated. Any instance of such conduct will disqualify the responsible team from the event. The team coach is responsible for parent behavior. Only coaches and players at the bench area, no parents. No parents behind the goal, and parents sit on the opposite side from the bench area. The referee has the final decision in all situations. Parents must sit at least 4 feet from the touch line.

Trash

Each team is responsible for picking up trash in the area after each match. Coaches and parents need to help pick up trash and keep the park clean!